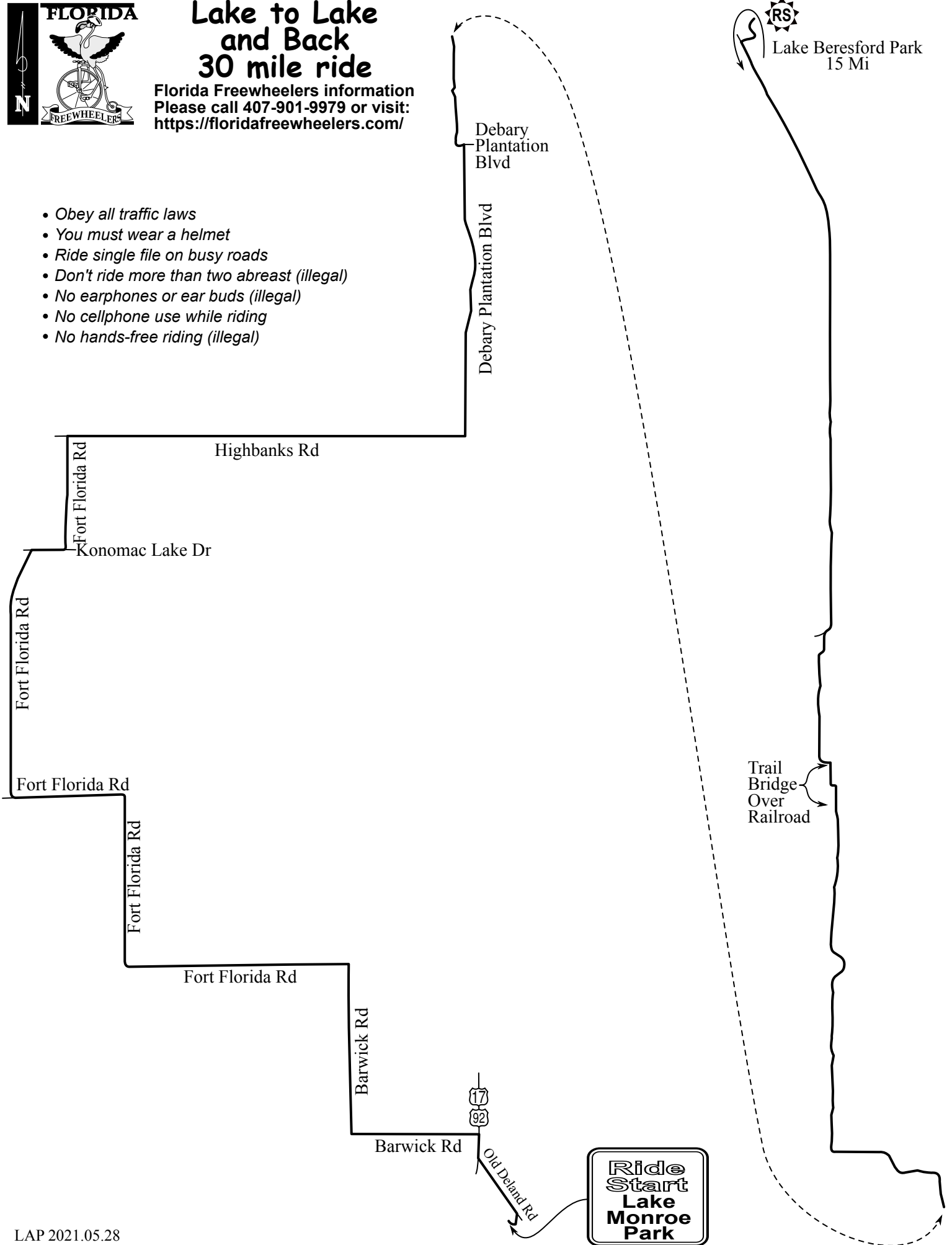




# Lake to Lake and Back 30 mile ride

Florida Freewheelers information  
Please call 407-901-9979 or visit:  
<https://floridafreewheelers.com/>

- Obey all traffic laws
- You must wear a helmet
- Ride single file on busy roads
- Don't ride more than two abreast (illegal)
- No earphones or ear buds (illegal)
- No cellphone use while riding
- No hands-free riding (illegal)



 Lake Beresford Park  
15 Mi

**Ride  
Start  
Lake  
Monroe  
Park**