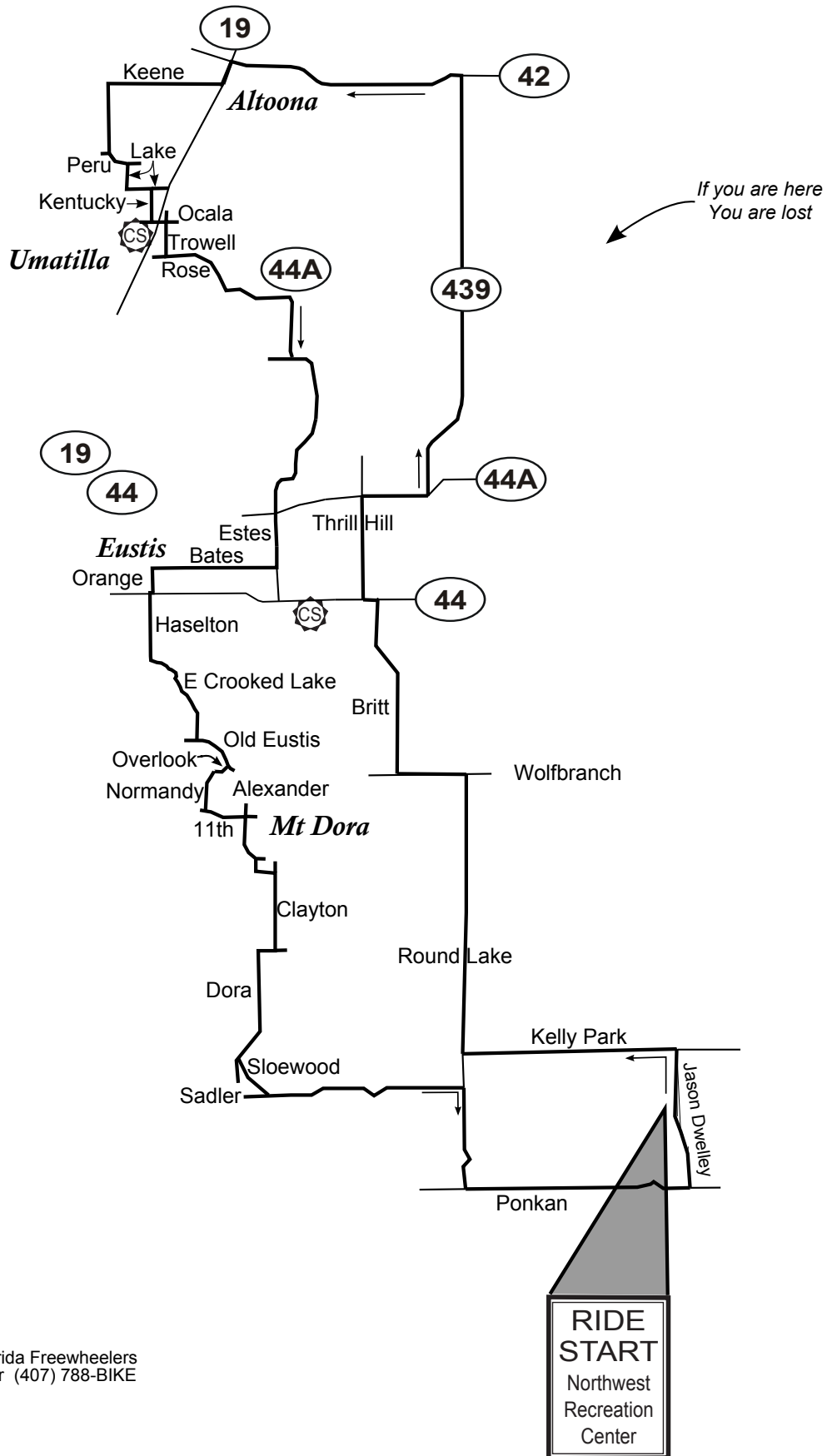


# Where is Altoona? 57 miles



- Obey all traffic laws
- You must wear a helmet
- Ride single file on busy roads
- Don't ride more than two abreast
- No headphones
- Announce & heed "Car Back"

For more information on the Florida Freewheelers  
[www.floridafreewheelers.com](http://www.floridafreewheelers.com) or (407) 788-BIKE

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