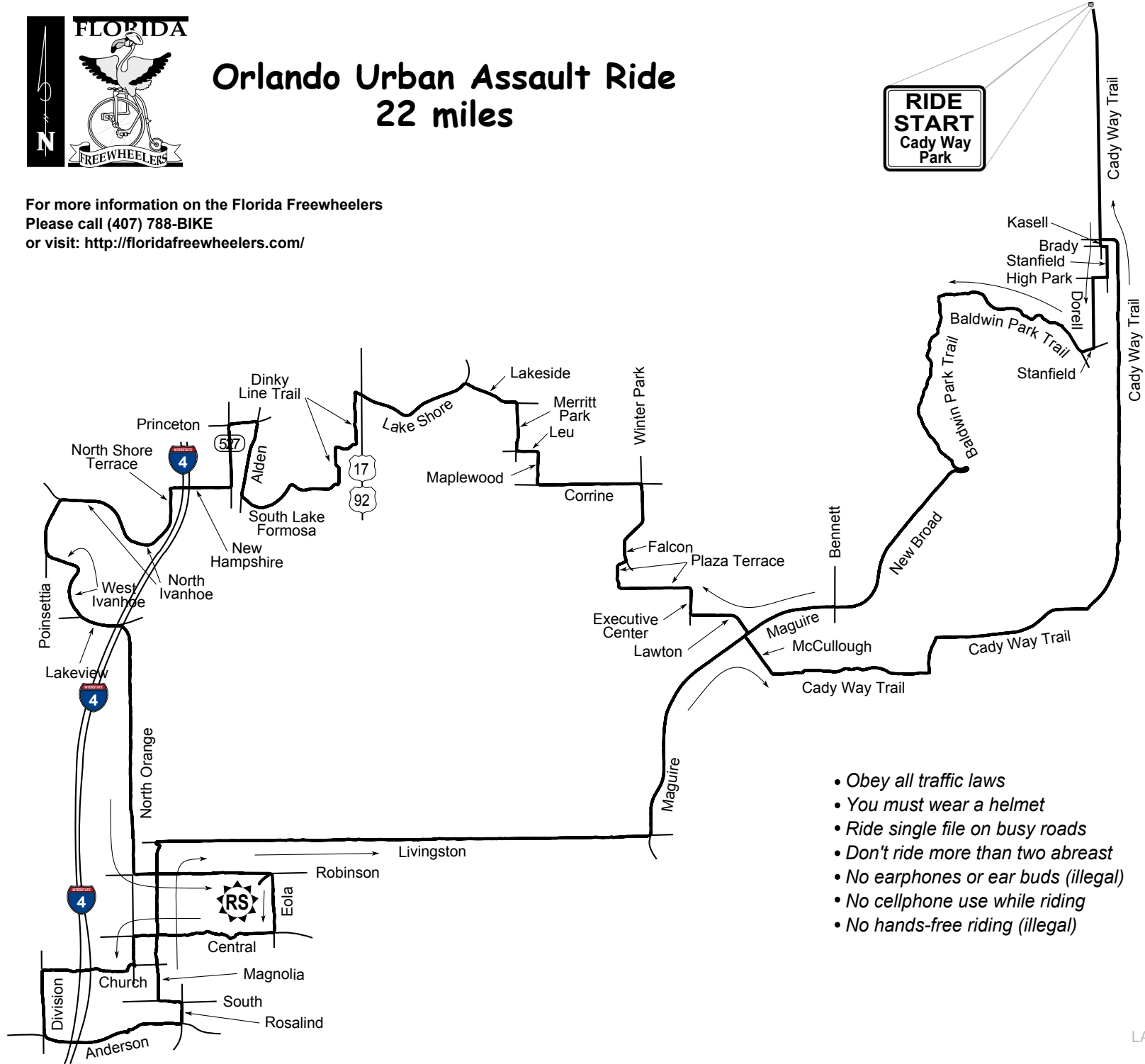


Orlando Urban Assault Ride 22 miles

For more information on the Florida Freewheelers
Please call (407) 788-BIKE
or visit: <http://floridafreewheelers.com/>



- Obey all traffic laws
- You must wear a helmet
- Ride single file on busy roads
- Don't ride more than two abreast
- No earphones or ear buds (illegal)
- No cellphone use while riding
- No hands-free riding (illegal)